

# SPAGHETTI PLAY



NEW MOTHERS' SUPPORT GROUP

Est. 1994

# NMSG

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## You will need:

- a tray
- rainbow spaghetti (find our tutorial under the members section on our website, home based activities)



This is such a fun sensory activity once your baby is sitting! And so much fun for playdates! Simply follow the rainbow spaghetti tutorial on our website or just use cold cooked spaghetti, fill a tray or baby bath and let your little ones squish the spaghetti with their hands. Plus it is safe to eat!

## TOP TIP

Hide some toys in the spaghetti for your baby to find