

ICE CUBE PAINTING



NEW MOTHERS' SUPPORT GROUP

Est. 1994

NMSG

Meet • Support • Play

You will need:

- a tray
- food colouring
- white paper
- wooden lolly
- ice cube tray sticks (optional)
- water



First fill your ice cube tray with water - only up to 2/3 full. Add a few drops of food colouring into each cube. If you are using wooden lolly sticks then add one to each cube now and balance against the sides of the ice cube tray. Freeze for 6 hours. Then place some paper in a tray (this helps to keep the watery paint contained), pop out the colourful ice cubes and place on the paper for your little ones to paint with!

TOP TIP

Add flour to the water if you want a thicker paint texture